

The PWHL presents the “Palouse Care Cup”! Ladies Ice Hockey Tournament!



Date: April 26th-28th 2024

Teams: 8

- **2 Divisions (4 teams each)**

- Competitive - Those players who want to participate in a faster game. Players can be any skill level, but who want to compete.
- Recreational - Those players who are beginners or who wish to support beginners. Games within this division will be slower paced.

Number of games per team: 4

Cost: \$800 per team or \$80 per player! (cash, card, or check*) *Please make checks out to the “Palouse Ice Rink” memo: “Care Cup” & send to 2019 S Main St. Moscow, ID 83843

Taco Feed at the Rink - Friday (4/26) & Saturday (4/27) 6:00 pm - Bring a dish, drink, or donation. Sign up here: [Taco Bar Feed Sign-up](#)

Goal: Not only is it awesome to bring together the coolest bunch of women to play some hockey but let’s also play for a cause! The winner of the Care Cup gets to donate the “Care Cup” full of monetary donations to the charity/ non-profit organization of their choice! In recognizing different charities and local non-profits throughout the weekend our intent is to bring more awareness to different organizations, how one could get involved to make a difference and help to fund them.

Trophy: 1st place team chooses to donate the “Care Cup” (Cup full of monetary donations) to the foundation/ non-profit / organization of their choice!



For more information contact:

Laura Wold

(208)597-1126

Palouse Ice Rink Staff



“The 2024 Palouse Care Cup” Ladies Ice Hockey Tournament

April Friday 26th – Sunday 28th

Team Registration Form

Entry Fee: \$800*

***The first 8 teams to provide completed registration form and payment will be accepted.
One may also sign-up as an individual player and be assigned to a team!**

Team Name:	
Contact (Captain) Name:	Contact Phone #:
Contact Email:	
Primary Jersey Color**:	Alt. Jersey Color**:
**Each team should bring a set each of dark and light jerseys.	

Team Roster[†]

†All participants must agree to comply with the rules of this tournament. It is the responsibility of the team Captain to bring an appropriate team and to ensure players understand tournament rules. USA Hockey Sanctioned!

Player Names	USA Hockey #	Would you like to order a T-shirt? Size?
Goalie:		
1		
2		
3		
4		
5		
6		
7		
8		
9		
10		
11		
12		

RULES



- 5 on 5 + Goalies
- 3 Periods 17 minutes each, 5-minute warm-up
- Guaranteed 4 games!
- At least 1 hour between games
- Scorekeeper can shorten games to keep to schedule
- No checking or fighting
- Any player who engages in a fight or other malicious player misconduct will be ejected from the tournament without a refund
- After a whistle, off-ice officials may identify to an on-ice official an unsportsmanlike penalty for foul language
- No shots originating above the waist. No slap shots
- Blue line icing
- No swearing at officials – their decisions are final
- Follow USA hockey rules
- Players must leave the building when asked to do so by an on- or off-ice official
- In the event of a tie, the tied score stands, and each team will receive one (1) point
- Acceptance in tournament is contingent on USA hockey number and good standing with Palouse Ice Rink
- 2 points for a win, 1 point for a tie, 0 points for a loss, 1 point for shootout
- In case of a tie when considering standing:
 - Head to Head (Wins)
 - Least Penalty Minutes
 - Puck Juggling Contest (max pucks wins)
 - Coin Toss

