

PALOUSE ADULT LEAGUE (PAL) - PLAYER AGREEMENT

This agreement is by and between the Palouse Ice Rink, Inc. (“PIR”) and the individual registering to participate in the Palouse Adult Hockey League (“Player”).

Player is responsible for reading the rules, policies, and conduct requirements listed below, and signing below acknowledges Player’s understanding of—and agreement to adhere to—the rules, policies, and conduct requirements.

Questions and concerns may be addressed to either your league liaison or the league rink staff adulthockey@palouseicerink.com . Questions and concerns will be addressed by the Palouse Adult League (PAL) Committee.

New 2019-2020 Policy: Due to the temporary/outdated nature of the P.I.R. facility, I understand that equipment may fail during the season. The rink management / board will do their best to reschedule games; however, if games are canceled due to outdated facility issues / other unforeseen reasons, registration fees will not be refunded. ____ (Initials).

General Rules

- All players must be registered with both the league and with USA Hockey.
- Officials enforce the rules in accordance with USA Hockey if not otherwise specified.
- Questions, disputes, and situations may be addressed by the Palouse Adult League Committee.
- Games are 5-on-5 (four skaters and a goalie).
 - “A” League – Populated by advanced, experienced, competitive skaters.
 - “B+” League – Populated by experienced and competitive players but seek a more relaxed game than the Gold-league provides. Characterized by upper intermediate players. Who want to play with consistent teammates to foster strategic play. Teams would recruit for competitiveness, but the League Committee, Manager and captain would oversee some level of equality between seasons and ensure that drafts into Silver league from Bronze League or Gold League are appropriate.
 - “B -” League – Populated by lower to middle intermediate players that know the rules and are experienced skaters. Players in the Minors would be expected to know how to skate well, stop and shoot. Competitiveness is encouraged to heighten everybody’s game, but this league is intended to foster skill development and collegiality. Rosters are built deliberately for balance across the league, with the goal to create learning opportunities for all.
 - Emerald “C” League – Populated by beginner skaters who may be new to the game and learning the rules. Also supporting experienced members of this league may have skated for 2 to 3 years but are still working on skating or stick handling fundamentals. Function of the league is to recruit new players into the league and develop them for the Bronze League. Ice time consists of both scheduled games and practice sessions.

Novice Players can only get 3 goals per game. Face off an defending zone on more goals.

- All division games will have three 17-minute, run-time periods; however, if a game starts late, the length of one or more periods will be shortened so the game finishes on time. Games have a set time limit and must be completed on time.. Teams will switch ends between periods. **There will be no time-outs or Stop Time during regular season play.**
- Each team must begin the game with at least five (5) players. It is the responsibility of the team captain to ensure the scorekeeper has accurate names and numbers for his/her team players and substitutes prior to the start of the game.
- Each team must have like-colored jerseys with a unique number. If a team does not have a set of jerseys, the rink can provide them for an additional cost.
- Blue line icing.
- No checking (not no contact).
- No shots originating above the waist. No slap shots.
- In the event of a tie, the tied score stands, and each team will receive one (1) point.
- If a player receives three penalties of any kind (not a game misconduct) in one game, that player will be out for the remainder of the current game.
- Per USA Hockey rules, a player assessed a game misconduct will be suspended for the remainder of the current game, plus her/his next scheduled game; the player will not be allowed to sub in a game until s/he has sat out her/his next scheduled game.
- The Adult League Committee has the right to impose additional sanctions against a player following a game misconduct, including suspension from the league for the remainder of the season without refund.
- After the third misconduct during the season, a player may be suspended from the league for the remainder of the season without refund.
- Any player who engages in a fight will receive an automatic two-game suspension; a second fight during the season will result in suspension from the league for the remainder of the season without refund.
- Players must leave the building when asked to do so by an on- or off-ice official.
- After a whistle, off-ice officials may identify to an on-ice official an unsportsmanlike penalty for foul language.

Substitution Policy

- The sub fee for league players is \$10 per game, payable to the rink prior to the **start** of the game.
- The sub fee for non-league players is \$20 per game. Non-league subs must provide proof of current USA Hockey registration. If there is misbehavior from a non-league player, that player will be asked to leave, and the hosting league player will sit out his/her next scheduled game.
- League players may sub in their respective divisions or in a higher division.

Sub Courtesy - Try to find a sub from the lower levels to help the league develop players. Try to ask players who don't normally get asked to sub.

- A sub may score a maximum of two goals during a game.
- A team should not exceed the total number of players on its regular roster when including a sub. (If a team ends up with extra players—including subs—the captain of the opposing team must approve them.) With prior approval by the opposing team's captain, a team may include one or more subs to bring its roster up to a total of nine (including the goalie).
- Non-compliance of any of the sub policy rules may result in a forfeit by the offending team.
- A player who has been assessed a game misconduct cannot sub for another team until s/he has sat out her/his next scheduled game.

Play-off / Consolation / Championship game rules will be as followed:

- Same rules as Regulation season rules with the exception of
 - 1 time-out per team permitted
 - Stop-time: Within 2 goal differential during the last two minutes of game.
 - Overtime: 3v3 sudden death for 5 min, best of 3 shootout, than 1 for 1 shootout.
 - Tiebreakers for seeding - (1) Most wins, (2) Head-to-Head, (3) PIM, (4) Spelling BEE!

General Conduct

- Players are to conduct themselves in a manner that is respectful of all players, on-ice officials (referees), off-ice officials (time-/scorekeepers), and equipment.
- Players are to refrain from yelling, jeering, threatening, or swearing at other players or officials.
- Players are to refrain from arguing with refs during a game. (Rule 601 is clear on this, please review it.)
- Players are to refrain from violence or undue roughness directed at other players, officials, or equipment.
- Use of tobacco products and alcohol are not permitted in the bench area at any time.
- HAVE FUN and enjoy recreational hockey!

I, _____, hereby agree to the above rules, policies, and requirements:

Signature:

Date:

RINK CONTACT INFO

Palouse Ice Rink

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Website: www.palouseicerink.com
Email: adulthockey@palouseicerink.com

MEDICAL CONSENT AND RELEASE OF LIABILITY

This is to verify that on this _____ day of _____, 2018, I,

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give my consent to the Palouse Ice Rink, Inc. and its representatives to obtain medical care for myself from any licensed physician or clinic should an injury occur while participating in this skating activity. By signing below, I hereby release and discharge the Palouse Ice Rink, Inc. and USA Hockey from any and all claims for personal injury.

Do you have medical insurance? No Yes

Name of Insurance Carrier:

Policy No:

Do you have any medical conditions? No Yes (list below)

Are you currently using any medication? No Yes (list below)

Emergency Contact Name:

Phone:

Signature: _____